

Musicians deserve a clean, safe environment to perform. Here's what you can do.

- 1 Wash hands and fingernails thoroughly.
- 2 Clean your instrument after use. If sharing, include computers and touch screens.
- 3 Avoid sharing instruments if possible. If sharing is required clean between each use.
- 4 Carry disinfectant, wipes and hand sanitizers.
- 5 Educators/Facilities should ensure hand sanitizer dispensers are readily available.
- 6 Wear a mask in unfamiliar surroundings.
- 7 Stay home - do not perform if sick. Be aware of fellow musicians who are sick or have symptoms
- 8 If feeling ill, follow up with testing and screening. If you test positive see a doctor as soon as possible and request treatment.
- 9 Get vaccinated and stay up-to-date on your boosters.
- 10 Use EPA approved disinfectants - see [EPA.gov/ListN](https://www.epa.gov/listn)

nile's project

In honor of Nile Calvin Moss
we share lifesaving
health education for all!!

Check Out Our Live Performances:
Nile's Project's Outreach Concert
Saddleback College Fine Arts Theater
<https://youtu.be/KoqN0vI6ofU>

CDC shares Nile's Story on their web
site at [CDC.Gov/sepsis](https://www.cdc.gov/sepsis)

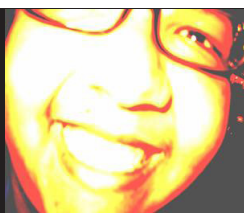
Get Ahead Of Sepsis, Time Matters
<https://youtu.be/VkUB-pnVIsA>

CDC invites Nile's Project MRSA to
post on their Safe Healthcare Blog.
[https://blogs.cdc.gov/safehealthcare/
from-unaware-and-unprepared-to
safe-healthcare-advocates/](https://blogs.cdc.gov/safehealthcare/from-unaware-and-unprepared-to-safe-healthcare-advocates/)

inside panel 1 2 x 3.5

inside panel 2 2 x 3.5

inside panel 3 (1 7/8)



nile's project

A coalition to eliminate
unnecessary deaths
from MRSA, COVID-19,
the Flu and other
preventable infectious
diseases

call: 949.235.2925
or visit: nilesproject.com

fold-in panel (1 7/8)



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Most people don't know that
1%-3% of the world's population
is on the autism spectrum.

We create pathways that enable
musicians on the autism spectrum
to use their musical talents to
obtain gainful work

For more information contact us at
info@JazzHandsforAutism.org
10220 Culver Blvd. Suite 101
Culver City CA 90232

back panel 2 x 3.5

A Pocket Guide

10 Steps
for Musicians
to reduce their risk
of getting MRSA and
other infectious diseases

compliments of
nile's project

front panel 2 x 3.5